



## Geriatric Enhanced Modalities

Benefits of the GEM program may include:

- Reduced pain
- Decreased edema
- Increased circulation
- Stronger muscles and greater joint flexibility
- Faster recovery and improved wound healing

Clinicians in hospitals, outpatient clinics and sports medicine facilities use therapy machines to treat problems like pain and swelling in young adults and athletes. Since senior adults often encounter the same physical problems, it made perfect sense to offer a program to our patients whereby they could experience the same health benefits.

Based on years of experience in hundreds of facilities, Geriatric Enhanced Modalities (GEM) provides therapy protocols designed specifically for the health conditions common to seniors, with clinicians specially trained to administer and manage the therapy.

As a result, patients may enjoy better mobility, less pain, greater joint flexibility, faster recovery, earlier discharge from therapy and an enhanced quality of life.

### Trust Aegis Therapies

Our GEM machines and protocols are based on research evidence published in peer-reviewed rehabilitation and therapy journals. These modality protocols are consistent with standards established by national therapy organizations, such as the American Physical Therapy Association and The American Occupational Therapy Association.



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